

Yoshikawa, H. (1994). Prevention as cumulative protection: Effects of early family support and education on chronic delinquency and its risks. *Psychological Bulletin*, 115, 28 –54.

APPENDIX A

Consent Form:



**UNIVERSITY of the
WESTERN CAPE**

University of the Western Cape
Private Bag X 17
Bellville
7535
Tel: 27 21 959 2283

CONSENT FORM

DEAR PARTICIPANT

**Title of Research Project: A phenomenological study on parents’ lived experiences
of their adolescent’s substance abuse**

The study has been described to me in language that I understand and I freely and voluntarily agree to participate. My questions about the study have been answered. I understand that my identity will not be made known and that I withdraw from the study without giving a reason at any time and this will not negatively affect me in any way.

Participant’s name.....

Participant’s signature.....

Date.....

Should you have any questions regarding this study or wish to report any problems you have experienced related to the study, please contact the study coordinator:

Study Coordinator’s Name: C. Swartbooi

University of the Western Cape

Cell phone number: 079 304 6361

Email: 2812861@uwc.ac.za

APPENDIX B

Information sheet:



UNIVERSITY of the
WESTERN CAPE

Department of Psychology
University of the Western Cape
Private Bag X 17
Bellville
7535
Tel: 27 21 959 2283

INFORMATION SHEET

I, Cindy Swartbooi am conducting a research study on parents' lived experiences of their adolescent's substance abuse.

If you agree to participate in this study, you will be asked to partake in an interview, consisting of semi-structured questions regarding your lived experiences of your adolescent child's substance abuse. This interview should last no longer than 2 hours. You will remain anonymous which means that no-one will know your name and your responses in the interview. You have the option of withdrawing from the study at any time. The research process is guided by strict ethical considerations of the University of the Western Cape and the Western Cape Education Department and will be adhered to at all times.

If the interview or any part of this process results in any emotional discomfort counselling will be arranged by the researcher without any cost. Should you have any further queries, please feel free to contact Cindy Swartbooi.

Should you have any questions regarding this study or wish to report any problems you have experienced related to the study, please contact the study coordinator:

Study Coordinator's Name: C. Swartbooi

University of the Western Cape

Cell phone number: 079 304 6361

Email: 2812861@uwc.ac.za

APPENDIX C

Discussion Guide

1. How long have you known that your child has a substance abuse problem?
2. What factors have contributed to your child's substance abuse problem?
 - Probe: Societal factors
 Familial issues
3. Tell me how you felt upon learning that your child has a substance abuse problem?
4. What was your experience of your adolescent's substance abuse?
5. How has your child's substance abuse affected you?
 - Probe: Experience
 Marital problems
 Psychosocial
 Economic
6. Describe how your child's substance abuse affected the relationship between the two of you?
7. Tell me how your child's substance abuse problem affected the relationship between you and your spouse?
8. Describe how the members in your immediate family respond to your child's substance abuse?
9. How has your child's substance abuse affected the communication within your family?
 - Probe: Spouse
 Other children
 Other family members living in your home
10. Tell me how your child's substance abuse affected the relationships between members of your family?
 - Probe: Spouse
 Other children
 Other family members living in your home
11. Describe how your child's substance abuse has affected the functioning within your family?